THE BEVERAGE PEOPLE 840 PINER RD., #14 SANTA ROSA, CA 95403 (707) 544-2520

"Old Lace Revisited" Elderberry Mead - 5 gallons

15 lbs. Elderberries

12 lbs. Honey (light and delicate)

1 1/4 lb. Raisins

5 gallons Water

2 oz. "Beverage People" Yeast Nutrient for Meads

2 1/2 tsp. Pectic Enzyme

5 tsp. stock Sodium Metabisulfite solution (after fermentation)

3 Tbl. Tartaric Acid

10 grams "Prise de Mousse" Wine Yeast

Original Brix: 21 Total Acid: .5-.65%

- 1. Destem Elderberries and coarsely chop Raisins. Add Honey and at least 2 1/2 gallons Water. Bring to a boil in stainless steel or enamel cooking pot, turn off the heat, and allow to cool.
- 2. Pour the remaining (unheated) Water into the fermentor.
- 3. Pour the Elderberry, Raisin, and Honey mixture into a container lined with a straining bag. Squeeze out as much liquid as possible, adding it to your fermentor, and discarding the pulp. Add all other ingredients except Sodium Metabisulfite and Yeast, mixing well.
- 4. Test sugar and acid levels of the must. Raise if necessary. Slightly higher is okay.
- 5. Add Sodium Bisulfite stock solution, and mix well.
- 6. When must temperature of the must nears room temperature, add yeast to the surface. In 10 or 12 hours, stir it in.
- 7. Once fermentation begins, stir or push the pulp down into the liquid twice a day.
- 8. After five days, strain and press the pulp. Funnel the fermenting mead into closed fermentors, filling them no more than 80% full, and affix a fermentation lock to each. Allow fermentation to finish.
- 9. When bubbles can no longer be seen rising through the mead, rack away from the settlings into an open container. Fine with Sparkolloid, add a teaspoon per gallon stock sulfite solution. Siphon into a storage container, top up, and let set for four weeks.

- 10. Rack away from the settlings, top up again, and let stand for two or three months.
- 11. Carefully rack the into an open container, add 1 1/2 teaspoons stock Metabisulfite solution per gallon. Sweeten with Sugar Syrup, if desired, adding also 1/2 teaspoon Wine Stabilizer per gallon.
- 12. Siphon into bottles, cap, and set aside to age for at least three months.

Copyright © The Beverage People 2008, Last revised, May, 2008.